

GALLO & SAAC RECREATION CENTER USAGE POLICIES

ACCESSIBILITY

If you require assistance in accessing or using any equipment, please contact us at recreation@ucmerced.edu or (209) 228-7732.

ATTIRE

Appropriate athletic attire must be worn throughout all facilities.

Shoes must **always** be worn.

Closed-toed athletic shoes (non-marking soles) are required.

No boots or open-toed shoes.

BAGS & PERSONAL BELONGINGS

Bags are not permitted. Personal belongings must be stored in external lockers or bathroom lockers.

EQUIPMENT USE

Wipe equipment after use.

Do not move equipment from its location.

Re-rack all plates, dumbbells, and attachments.

Collars are required.

Powdered Chalk is not permitted.

Equipment must not lean against walls, pillars, or other equipment and mirrors.

Do not throw balls against walls, pillars, or mirrors.

Be courteous and allow people to work in between sets during peak hours.

Observe a 30-minute time limit on cardiovascular machines during peak hours.

FOOD & DRINK

Closed-top bottles (**water only**) are allowed. No food or gum.

PERSONAL TRAINING

Personal training can only be conducted by UC Merced personal trainer employees.

SPOTTERS

Spotters are recommended for all free weight exercises.

USER CONCERNS & SAFETY

Direct all concerns and maintenance issues to the Recreation and Athletics employees and please follow all staff directions to provide a safe and secure environment.

